

Questionnaire for Female Urinary Incontinence

Do you leak urine (even small drops), wet yourself, wet your pads or wet your undergarments...	None of the Time (0)	Rarely (1)	Once in a While (2)	Often (3)	Most of the Time (4)	All of the Time (5)	Score
Stress Incontinence Scoring							
1. when you cough or sneeze?							
2. when you bend down or lift something up?							
3. when you walk quickly, jog or exercise?							
Urge Incontinence Scoring							
4. while you are undressing prior to using the toilet? Cannot hold it long enough to get on the toilet?							
5. Do you get such a strong and uncomfortable need to urinate that you leak urine (even a few drops) or wet yourself before reaching the toilet?							
6. Do you have to rush to the bathroom because you have a sudden, strong need to urinate?							
Final Score (0-30)							